A parent’s guide to developmental delays: recognizing and coping with missed milestones in speech, movement, learning and other areas [Book] by LeComer, Laurie.  
This guide explains the wide range of cognitive, physical, and emotional developmental challenges that affect millions of children each year and provides parents with the answers, reassurance, and concrete advice they need to help their children grow and thrive. It addresses such issues as: spotting the ‘red flags’ of abnormal development; getting a diagnosis and treatment plan; obtaining the best treatment options, education, and help; and the keys to a successful, fulfilling life for every developmentally delayed child.

Achieving good behavior and social skills in a child with developmental disabilities can be difficult, and methods that improve behaviour in other children are often unsuitable or ineffective. This book provides practical advice and step-by-step instructions for drawing up and implementing behaviour plans that successfully address and improve challenging behaviors. It explains common causes of difficult behaviors and gives practical advice on how to deal with specific situations.

Every child can learn : using learning tools and play to help children with developmental delay [Kit] by Stroh, Katrin; Robinson, Thelma; Proctor, Alan.  
Functional learning is an intervention approach that is based on the play and learning of developing children. The cognitive tools used by all children, cross-culturally, to learn and solve problems are described and the book uses are extensive step-by-step instructions and detailed drawings of practical activities that can be used to help children with developmental delay to develop each tool. It helps parents and practitioners to set-up and provide functional learning sessions.

A toilet training guide for use by parents and carers of people with an intellectual disability. The book begins with a discussion of how a child develops bowel and bladder control, then looks at reasons why a child with an intellectual disability may not take to toilet training. It then works through a 13 step training process. Although the book is aimed at training children with an intellectual disability, it could easily be used by parents wanting to assist children with other types of special needs.

Planning and support for people with intellectual disabilities: issues for case managers and other professionals [Book] by Bigby, Christine; Fyffe, Chris; Ozanne, Elizabeth.  
This book illuminates the complexities practitioners must negotiate supporting
people with intellectual disabilities. The book considers three key dimensions that mediate outcomes for clients - social welfare, program structure and practice. It outlines the expertise required in working with people at different stages.

13.8588 CAM  Growing up with fragile X syndrome [Book]
by Iredale, Robyn R.
(Australia: Vivid Publishing, 2011) This book provides personal insight into the challenges of bringing up a young person with fragile X. It is a helpful resource for parents and professionals.

13.8588 MAY  Transition and change in the lives of people with intellectual disabilities [Book]
by May, David (ed.)
One claim made for the policy of care in the community was that it would rescue people with intellectual disabilities from social marginality. This book presents the lives of people from this group as a series of transitions, covering research on issues such as school, employment and independence.

13.8588 SCH  Sexuality: your sons and daughters with intellectual disabilities [Book]
by Schwier, Karin Melberg; Hingsburger, Dave.

4.1 BIG  Moving on without parents: planning, transitions and sources of support for middle-aged and older adults with intellectual disability [Book]
by Bigby, Christine.

4.2 JAR  Your rights, your choices: an easy to read book about legal rights for people who have an intellectual disability in Victoria [Book]
by Jardine, Trish; Parsons, Ian; Pitt, Andrew.
A free easy to read publication that explains basic legal rights for people in Victoria with an intellectual disability.

4.2 PEO  People with intellectual disabilities at risk : a legal framework for compulsory care : Discussion paper [Book]

4.4.1 SMI  Life after death: preparing people with intellectual disability for bereavement and loss. A resource guide for families, friends and support staff with advice to counselors and researchers [Book]
by Smith, Debra A.
(Fyshwick, ACT: Australian Institute on Intellectual Disability, 2000) 68 p.

9.8 MAK  Making life good in the community : the importance of practice leadership and the role of the house supervisor [Book]
by Clement, Tim; Bigby, Christine,
(Melbourne: Department of Human Services, 2007) 183 p.
Making Life Good in the Community is a research project concerned with discovering ways of supporting people with intellectual disabilities to lead the best possible lives. It has focused on the lives of former residents of Kew Residential Services (KRS) as they have moved from that institution into group homes. This report looks at how to better support house supervisors in their role.

9.8 MAK  Making life good in the community : when is a house a home? [Book]
by Robertson, Alan; Frawley, Patsie; Bigby, Christine.
(Melbourne: La Trobe University, 2008) 33 p.p.
Making Life Good in the Community is a research project concerned with discovering ways of supporting people with intellectual disabilities to lead the best possible lives. It has focused on the lives of former residents of Kew Residential Services (KRS) as they have moved from that institution into group homes. The report has been written in plain English, and explores the issue of the physical aspects, social dimensions and atmosphere of houses, in order to understand what we mean by homeliness.

9.8 MAK

Making life good in the community: building inclusive communities - facilitating community participation for people with severe intellectual disabilities [Book]
by Clement, Tim; Bigby, Christine.
Making Life Good in the Community is a research project concerned with discovering ways of supporting people with intellectual disabilities to lead the best possible lives. It has focused on the lives of former residents of Kew Residential Services (KRS) as they have moved from that institution into group homes. This report explores the factors that have helped people with intellectual disabilities live happy and fulfilling lives in the community.

9.8 MAK

Making life good in the community: implementing a keyworking system in a group home for people with intellectual disabilities [Book]
by Clement, Tim; Bigby, Christine; La Trobe University.
Making Life Good in the Community is a research project concerned with discovering ways of supporting people with intellectual disabilities to lead the best possible lives. It has focused on the lives of former residents of Kew Residential Services (KRS) as they have moved from that institution into group homes. This study explores ways of promoting better individualised care and support for service-users in a group context through a named individual, called a ‘keyworker’.

9.8 MAK

Making life good in the community: implementing person-centred active support in a group home for people with profound intellectual disabilities. Issues for house supervisors and their managers [Book]
by Clement, Tim; Bigby, Christine.
Making Life Good in the Community is a research project concerned with discovering ways of supporting people with intellectual disabilities to lead the best possible lives. It has focused on the lives of former residents of Kew Residential Services (KRS) as they have moved from that institution into group homes. This report follows the implementation of an active support model, and provides insights into the complexities arising in a particular house where five people with very significant disabilities live.

9.8 MAK

Making life good in the community: as good as it gets? An overview of methodology and a synthesis of findings and recommendations [Book]
by Clement, Tim; Bigby, Christine.
Making Life Good in the Community is a research project concerned with discovering ways of supporting people with intellectual disabilities to lead the best possible lives. It has focused on the lives of former residents of Kew Residential Services (KRS) as they have moved from that institution into group homes.

AUDIO VISUAL

AV 11.4 ROS
What Next? [DVD]
by Rose, Cameron. Merri Community Health Services, 2011) 1 Disk
These documentaries explore the lives of five families in Melbourne, Australia. In each family ageing parents recognise that they will soon be unable to take proper care of their child with an intellectual disability.

**AV 11.6 PED**  
*My brother Vinnie* [DVD]  
by Pederson, Aaron.  
(Richmond East, Vic: Black Ruby Productions, 2006) DVD (26 min)  
Aaron and Vinnie Pedersen are two brothers who have grown up as each others’ shadow. Aaron has established a successful career as an actor in the entertainment industry, at the same time being responsible for the care of Vinnie who has mild intellectual disabilities and cerebral palsy. The journey hasn’t been easy, but the brothers have finally become independent, with Vinnie finding a home and full-time carer in Melbourne.

**AV 13.0 LAN**  
*It’s a long road* [Video]  
by Lange, Noreen.  
(Perth, WA: Elephant Productions, 2000) 1 video (52 mins.)  
Four woman discuss their lives as mothers of children with a disability. Each talk of their reaction to the discovery that their child has been born with a disability and the effects that child has on other members of the family. They look at the positive aspects of caring for a disabled child and explain how support groups and respite can be good additional coping mechanisms. The video includes comments from counsellors.

**AV 13.62 ARE**  
*Are you ready?: toilet training animation plus a parent/carer story* [DVD]  
by Intellectual Disability Services Council.  
(Oakden, SA: Intellectual Disability Services Council, 2003) DVD  
A toilet training package for use by parents and carers of people with an intellectual disability. The video is divided into two parts. “Tom’s toilet triumph” outlines the toileting process for children, while the “Parent/carer story” discusses toilet training through the eyes of a mother of a teenager with intellectual disabilities and is designed to give carers an idea of what to expect.

**AV 13.83 ROB**  
*What is happening to my friend Mary?* [Kit]  
by Robertson, Annie; Rogers, Pam.  
(Gore Hill, NSW: Lorna Hodgkinson Sunshine Home, 2000) The video is a dramatised training session for those with an intellectual disability to explain Alzheimer’s disease and dementia and how it can affect their family or friends. The accompanying book has a series of discussion topics and prompts which can be used by carers.

**AV 13.8588 UNL**  
*Unlikely travellers* [DVD]  
(Kelvin Grove, Qld: Red Carpet Projects, 2007) DVD  
A remarkable film about six unique people, each with a unique and challenging intellectual disability, who take a life-changing trip to the other side of the world. They have more baggage than the average tourist but no less passion for travel and achievement. Most of them have never travelled before. Many have never left home. Their two-week trip to Egypt will test them against the elements, their own fears and obsessions, and a culture they know little about.

**AV 4.1 WHA**  
*What’s eating Gilbert Grape* [Video]  
by Hallstrom, Lasse (Dir.)  
(South Yarra: Buena Vista Home Entertainment, 2003) DVD (113 min)  
Gilbert Grape’s (Johnny Depp) destiny appears to be to keep an ever-watchful eye on his intellectually disabled brother, Arnie (Leonardo Di Caprio) and his depressed mother. When an enchanting young stranger (Juliette Lewis) arrives in town, his haplessly routine life receives a much-needed upturn. An acclaimed, eccentric and unpredictable comedy-drama set in small town America.
PERSONAL STORIES

PS 13.0 SIM Riding the bus with my sister a true life journey [Book]
by Simon, Rachel.
When Rachel Simon's developmentally disabled sister Beth asked her to ride the buses for a year, she is reluctant. The story weaves together three strands: the chronicle of this remarkable bus odyssey, life lessons Beth and Rachel learned from the characters they met on their travels, and memories of their riveting family story. Throughout the book, Rachel Simon brings to light the world of adults with developmental disabilities, finds unlikely heroes in everyday life, and discovers unrealized strength in herself — and her indomitable, unforgettable sister.

PS 13.0 BUR Forever baby : Jenny's story - a mother's diary [Book]
by Burbidge, Mary.
When Mary Burbidge gave birth to a disabled baby girl, she began to write to make sense and meaning of her life. This book, based on her diaries, is a gritty rendition of the drama and transcendence of raising a child with disability.

PS 13.84 MCK Kenneth: living with Prader-Willi syndrome [Book]
by McKnight, Trudy.
This is the story of the life of Kenneth, who suffered from Prader-Willi Syndrome, and of his mother Rubina, who went from hospital to hospital, specialist to specialist, searching for answers to his unpredictable behaviour. It is the author's hope that the book will help illustrate the extraordinary need for understanding that there is for the person with PWS, their family and caregivers.

PS 13.8581 WIN Lauren's creed: wings to fly [Book]
by Winbanks, Dianne.
When their daughter was diagnosed with autism and an intellectual disability, the Winbanks was advised to educate her in a special school. The Winbanks insisted that Lauren be schooled with her twin brother, and she is now in Grade 6 in a mainstream school. This book tells their story, filled with common sense tips and strategies aimed to set a child up to succeed. It is a testament to what can be achieved when you have faith in every child's capacity to learn and grow.

PS 13.8588 MAR Just like us: parenting children with intellectual disabilities [Book]
by Martin, Carol.
Carol Martin has four daughters, including identical adult twins who have an intellectual disability and Cerebral Palsy. This is their story – of heartache and joy, discrimination, financial and emotional despair, and their hope for the future. Intended as a guide for parents of children with a disability (not disabled children!) who do not need sympathy, but encouragement and support, love and laughter.

YOUNG CARERS

YC 11.5 AND Special boys' business [Book]
by Anderson, Heather; Angelo, Fay; Stewart, Rose.
This book has been written for boys with special needs, including intellectual
and physical disabilities, communication disorder and Autism. It supports boys, their parents and carers through the changes experienced at puberty. Information is presented simply, with clear pictures and limited text. There are also practical hints for parents, carers and school staff.

**YC 11.5 ANG**  
**Special girls' business** [Book]  
by Angelo, Fay  
Pritchard, Heather  
Rose, Stewart.  
This book has been written for girls with special needs, including intellectual and physical disabilities, communication disorders and autism. It takes girls and their carers step by step through the process of managing periods. Information is presented simply, with clear pictures and limited text, and provides practical hints for parents, teachers and carers, with special hints for dads.

**YC 4.4.1 EVE**  
**Everyone dies one day: assisting people with an autism spectrum disorder to understand the concept of death, loss and the grieving process.** [Kit Book]  
by O’Brien, Kathleen.  
(West Australia: Autism Association of Western Australia (Inc), 2000) 17 pages, spiral bound  
Designed to assist people with an autism spectrum disorder to understand the concept of death, loss and the grieving process. The explanations are simple and clearly illustrated, and the resource could also be used for young children, or for people with an intellectual or learning disability.