



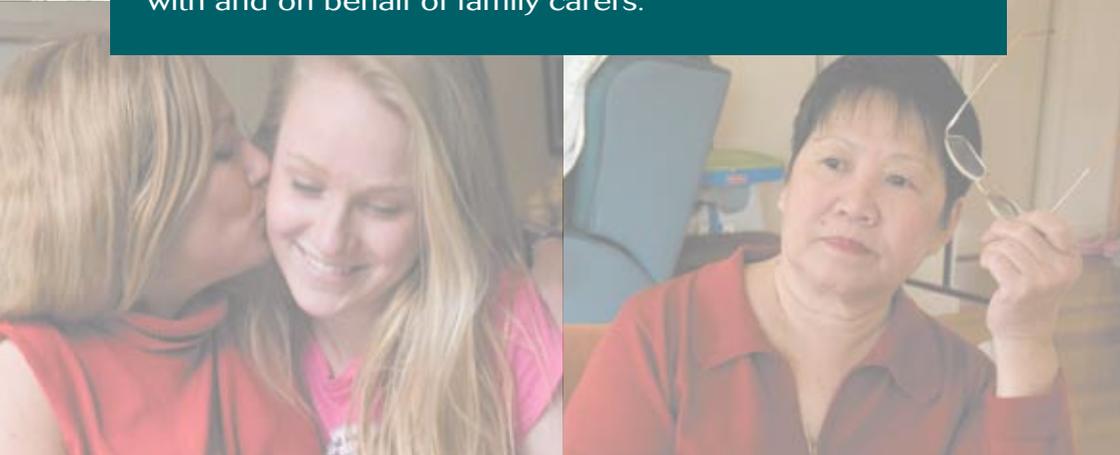
# Your Will to Care

*Making a bequest to Carers Victoria*



Carers Victoria is the voice for more than 700,000 family carers across Victoria. As caring affects more than 1 in 7 households, our work is vital to ensuring the health and wellbeing of carers.

Carers Victoria is a non-profit organisation which relies on public and private sector support to fulfil its mission, with and on behalf of family carers.



As CEO for over 15 years, I am privileged to be a part of Carers Victoria, working alongside skilled staff who are committed to improving the lives of carers.

Every year Carers Victoria provides support to thousands of caring families: empowering them through carer education workshops; offering counselling to sustain their caring role; and promoting and advocating for better supports and services to meet their needs.

It is through the generosity of our donors and supporters that we are able to continue the vital work that we do. By placing a gift in your Will to Carers Victoria, you will make a powerful and sustainable difference for future generations of carers.

Thank you for considering making a bequest to Carers Victoria. I hope you will join us, and our growing band of bequest supporters, in helping to build stronger caring communities.

Maria Bohan  
CEO Carers Victoria

*Maria Bohan*



## anyone, anytime

Caring can affect anyone at anytime. It does not discriminate.

In fact, at some time in our lives, most of us will either be a carer or need a carer.

Carers come from all walks of life. They can be of any age, any culture, male or female, working or not working, living in the city or the country.

Some carers receive Centrelink payments while others do not. Some call themselves a carer, but many do not yet recognise their role in this way.

Some carers drop in to help with shopping and bill paying. Others live with the people they care for and provide 24 hour care.

Some carers receive help at home from services. Others do not. Some carers need a great deal more help.

Most carers would say that they did not choose this role – it just happened.

Anyone, anytime.

**“Being a carer is a very special privilege.  
It is a great responsibility  
caring for another person’s life.”**

# caring

Caring for a family member or friend can be very rewarding.

The sad truth is that caring can also be:

- **lonely** – because while some carers have the support of family and friends, others do it alone, with little time or money to maintain their social networks
- **exhausting** – because caring is sometimes 24/7 and good quality, flexible respite can be hard to find
- **expensive** – just think about the cost of specialised equipment, medication, therapies, treatments, and home services
- **bad for your career** – because most workplaces are just not flexible enough to combine work with caring responsibilities
- **financially crippling** - because only a small percentage of carers receive income support from the government, and most can't build any superannuation

Caring should not leave you worn out, poor and isolated.

Carers desperately need this situation to change – and they need our help to make this happen.



“Who in this community knows what it’s like to be in a constantly vulnerable state where coping depends on community care support? Most carers do – unfortunately.”



## creating change

Help us to improve the lives of over 700,000 caring families.

We're working hard to create a future where carers are better supported, where they have more flexibility and choice in the support services available.

We believe that carers should be entitled to some financial security. This may include being adequately supported (through government policy) to combine work and care, as well as government contributions to superannuation for carers who cannot work.

We want to create 'caring communities' – where individuals, families, neighbourhoods, businesses and governments all understand and take an active role in supporting carers to continue caring.

We have a vision for the future – and we hope you will want to be part of it. By making a bequest, no matter how small, you will be helping us to create much needed change for carers and build stronger caring communities.

**"[Carers Victoria], I appreciate your support during a time where I do not have the energy to fight the injustices occurring around me."**

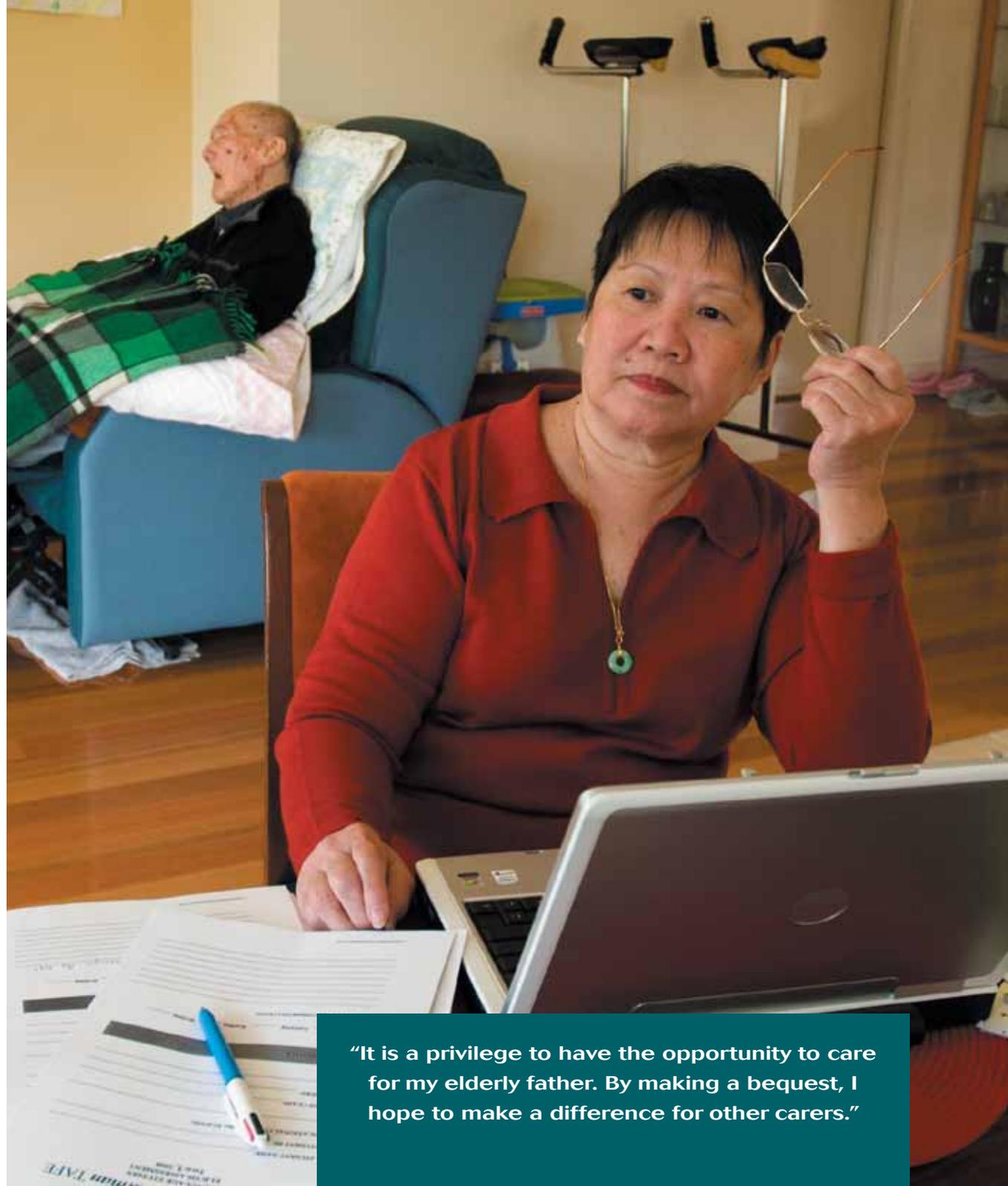
## making a Will

After first making provisions for your family, you may decide to make a bequest to Carers Victoria in your Will. We recommend that you seek legal advice on the right options for you and also encourage you to share your intentions with your family. There are a number of bequest options available, some of which are listed below.

- A residuary bequest – the complete residue or a percentage of your estate after first making family and other personal provisions.
- A specific amount of money
- Shares, bonds, superannuation and life insurance policies
- Items of property – real estate, works of art, jewellery, collections of stamps or coins etc.
- A contingent bequest – allows a family member the use of your funds and property for as long as they live. Afterwards, the remaining funds and property would be transferred to Carers Victoria.

## changing an existing Will

If you already have a current Will and would simply like to include a bequest, you can make amendments to your Will by creating a Codicil. This is a separate document that is attached to your Will. It must be signed by yourself and two witnesses. It is important to see a solicitor if you wish to add a Codicil to your Will.



**“It is a privilege to have the opportunity to care for my elderly father. By making a bequest, I hope to make a difference for other carers.”**

# suggested wording

Our suggested wording, should you decide to make a bequest to Carers Victoria:

*"I give ..... share/residue of my estate or the sum of \$..... to Carers Association Victoria Inc.\* of Level 1, 37 Albert Street, Footscray in the State of Victoria or its successor and I direct that the receipt of the Treasurer or other proper officer for the time being of Carers Victoria shall be a good and sufficient discharge to my Trustee/s."*

*Without creating a binding obligation on my executor or Carers Victoria, I request that Carers Victoria use this bequest for the purpose of*

*\*\* ..... and I request Carers Victoria to use these funds if at all practicable for this purpose or the purpose in its absolute discretion which most closely matches this purpose and failing that for the general purposes of Carers Victoria.*

\* This is the registered legal name for Carers Victoria.  
\*\* An insertion may be made at this point if you wish the bequest to be used for a specific purpose. Please speak with us to ensure that your gift will be able to be used as intended in the future.

# further information and/or bequest confirmation

If you are considering making a bequest to Carers Victoria or if you have already done so, we sincerely thank you. By letting us know, you will assist us to plan ahead and allow us to acknowledge your kindness and generosity in your lifetime.

- I have already included Carers Victoria in my Will
- I intend to include Carers Victoria in my Will
- I am considering including Carers Victoria in my Will
- I would like more information regarding where to direct my gift
- I would like to speak to the Membership & Fundraising Manager about appropriate recognition of my gift

Mr  Mrs  Miss  Ms  Dr  Other

First name .....

Last name.....

Address ..... P/code.....

Home phone.....

Mobile .....

Date .....

*Please return this form to:*  
Carers Victoria  
Membership and Fundraising Program  
Level 1, 37 Albert Street (PO Box 2204)  
Footscray, Victoria 3011  
Phone: (03) 9396 9500 Fax (03) 9396 9555  
Email: support@carersvic.org.au

“Being a carer isn’t always easy. It can be hard, frustrating, sad and filled with loving joy. “



## the carers circle

We invite you to become a valued partner in our Carers Circle. This is a small group of people who are helping to create a better future for carers by making a bequest to Carers Victoria.

By letting us know of your gift, we will have the opportunity to thank you personally - and you will be helping us to plan ahead. We would be pleased to discuss these plans with you and hear your thoughts.

We would also like to acknowledge you in our Carers Circle Honour Book (optional), which is kept at Carers Victoria. This is one of the ways we choose to recognise the significant contribution our Carers Circle members are making to the future of carers.

You may like to speak with our Membership and Fundraising Manager about other ways of appropriately recognising your gift.

We look forward to welcoming you as a member of our Carers Circle.



## contact us

Carers Victoria  
Membership and Fundraising Program  
Level 1, 37 Albert Street (PO Box 2204)  
Footscray, Victoria 3011

Phone	(03) 9396 9500
Phone TTY	(03) 9396 9587
Fax	(03) 9396 9555
Email	<a href="mailto:support@carersvic.org.au">support@carersvic.org.au</a>
Web	<a href="http://www.carersvic.org.au">www.carersvic.org.au</a>



**Carers**<sup>VIC</sup>  
AUSTRALIA