



# DIFFICULT DECISIONS ABOUT CARE TWO PART PROGRAM

FREE workshops for carers by Carers Victoria

These workshops are facilitated by a Carers Victoria counsellor.

They offer the opportunity to explore issues in a safe and supportive environment.

## WORKSHOP 1

Explore how we make difficult decisions and manage unwanted change, loss and guilt.

## WORKSHOP 2

Facing the future, planning for the future and knowing when the time is right.

## BOOKING INFORMATION

To secure your place, please phone Education Services on 1800 242 636 or email [education@carersvictoria.org.au](mailto:education@carersvictoria.org.au) and quote event #6448 by Monday 10 May.

## CARERS VICTORIA

T 1800 242 636

E [reception@carersvictoria.org.au](mailto:reception@carersvictoria.org.au)

[www.carersvictoria.org.au](http://www.carersvictoria.org.au)

[f /carersvictoria](https://www.facebook.com/carersvictoria) [t @carersvictoria](https://twitter.com/carersvictoria)

## When

Workshop 1 - Monday 27 May

Workshop 2 - Monday 3 June

**Time** 10.00am – 1.00pm

Each workshop three hour duration

**Where** Carers Victoria

Level 1, 37 Albert St Footscray

**Cost** Free

Refreshments provided

## Car Parking

Available at Footscray Plaza

Paisley Street, Footscray

[www.carepark.com.au/find-a-care-park/footscray-plaza](http://www.carepark.com.au/find-a-care-park/footscray-plaza)