

# DIFFICULT DECISIONS ABOUT CARE TWO PART PROGRAM

FREE workshops for carers by Carers Victoria

# These workshops are facilitated by a Carers Victoria counsellor.

They offer the opportunity to explore issues in a safe and supportive environment.

#### WORKSHOP 1

Explore how we make difficult decisions and manage unwanted change, loss and guilt.

#### **WORKSHOP 2**

Facing the future, planning for the future and knowing when the time is right.

#### **BOOKING INFORMATION**

To secure your place, please phone Education Services on 1800 242 636 or email education@carersvictoria.org.au and quote event #6577.

#### **CARERS VICTORIA**

## When

Workshop 1 Monday 9 September 2019

Workshop 2 Monday 16 September 2019

**Time** 10.00am – 1.00pm Each workshop three hour duration

**Where** Carers Victoria Level 1, 37 Albert St Footscray

**Cost** Free Refreshments provided

## **Car Parking**

Available at Footscray Plaza Paisley Street, Footscray www.carepark.com.au/find-acare-park/footscray-plaza

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