

ARE YOU MAKING THE MOST OF THE NDIS? THREE PART PROGRAM

FREE sessions for carers by Carers Victoria

A program for carers of a person who already has an NDIS Plan or who is preparing for their NDIS Plan review.

Carers Victoria will deliver a three part program in Bendigo to help you and the person you support, navigate and get the most from the NDIS.

SESSION 1 HOW ARE YOU MANAGING?

- Reflect on your NDIS journey
- Identify your challenges
- Look after yourself in your caring role

SESSION 2 WORKING ON THE CHALLENGES AND BUILDING YOUR SKILLS

- Managing challenges with the NDIA and service providers, and supporting the NDIS participant
- What skills do you need for NDIS management?
- What skills do you have? Are there any gaps?
- Strengthening your skills

SESSION 3 PREPARING FOR REVIEW

- Reviewing and resetting goals
- Getting support when things go wrong
- Keeping the plan on track

Please note The program sessions are three hours in duration. Participants must attend the first session to continue in the program and cannot bring the person they care for.

When

Session 1 Thursday 14 November
Session 2 Thursday 21 November
Session 3 Thursday 28 November

Time 9.30am – 12.30pm
Each session three hour duration

Where

Bendigo Library - Activity Room
251-259 Hargreaves St, Bendigo

Cost Free

Refreshments provided

BOOKING INFORMATION

To secure your place, visit www.carersvic-6898.eventbrite.com.au or for further information please phone Education Services on 1800 514 845 and quote #6898.

CARERS VICTORIA EDUCATION SERVICES

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