# YANADA HOUSE

People | Support | Active | Connected

#### We care about carers too

Yanada House runs a carer support group for anyone in a caring role. This Group is a safe place for carers to talk with and support other carers. Listen to guest speakers who visit and talk about things that are important to carers. Join our outings, socialise and have a break from your caring role.

Call My Aged Care on 1800 200 422 to register for a group.

#### YANADA HOUSE

#### 92 Dennis Street, Northcote

Yanada House is run by Darebin City Council and funded by the Commonwealth Home Support Program (CHSP).

The program supports older people with entry level service needs. CHSP clients will be prioritised over those who receive support through a Home Care Package.

# CITY OF DAREBIN

274 Gower Street, Preston PO Box 91, Preston, Vic 3072 T 8470 8888 F 8470 8877 E mailbox@darebin.vic.gov.au darebin.vic.gov.au



National Relay Service

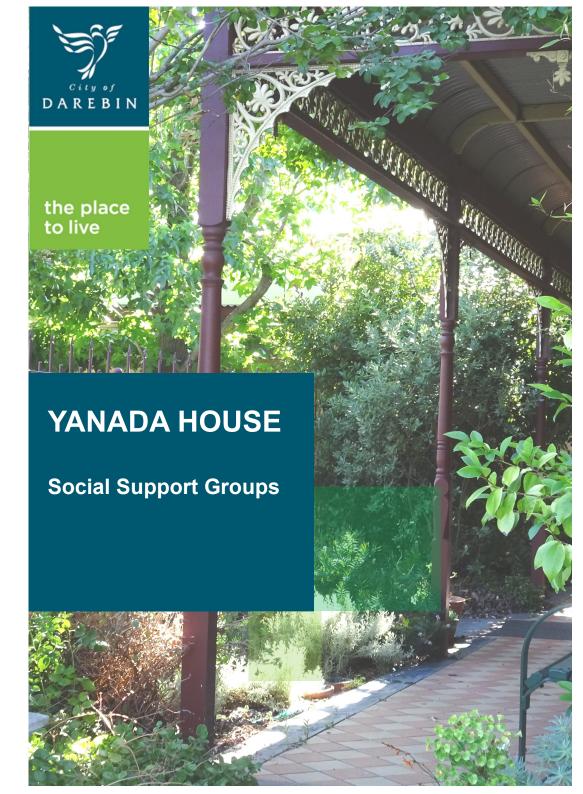
TTY dial 133 677 or Speak & Listen 1300 555 727 or relayservice.gov.au then enter 03 8470 8888



Speak your language

T 8470 8470

Italiano Italiano 繁體中文 Македонски Еλληνικά Soomalii हिंदी Tiếng Việt



# YANADA HOUSE

Supporting people to stay active and connected

### **Parkside Social Support Group**

Stay socially active, meet new people in our Mainstream program and stay linked to your community. Join us for an enjoyable day of activities for Older Adults in Darebin.

Yanada House offers theme days, information and cooking sessions, gardening, light wood work and other crafts, recreational outings and intellectually or physically stimulating activities. Enjoy healthy and tasty meals in a social setting.

# **Dementia Support Groups**

Darebin City Council supports people living with memory loss and their carers at Yanada House in Northcote.

We run activities that help to keep people's minds and bodies active and also help to build friendships. These activities aim to meet a range of needs, interests and cultural backgrounds.





# Yanada House Groups run from Tuesday to Friday

#### The services include:

- Morning tea, lunch and afternoon tea
- English, Italian and Greek programs, as well as mixed cultural groups
- A rang of activities and community outings
- A care plan that is made for each person to meet their needs and interests
- Services run by experienced staff
- Safe and secure door to door transport (if required)

#### Who can access the service?

People over 65 (55 years for Aboriginal and Torres Strait Islander People) in Darebin.

For more information about services at Yanada House, including service fees, call us on 9481 9570.