

**FREE
EVENT**

A Day for Carers

DATE: Tuesday 25th February 2020
TIME: 9:00am - 2:30pm
VENUE: Conference room, Mantra Bell City
215 Bell Street, Preston

Melba Support Services is proud to be hosting a dedicated day for Carers of people with disability.

We recognise the importance of self-care within your role as a Carer. We are looking forward to having the opportunity to take care of you!

Come along and join us for two informative workshops as presented by speakers from Carers Victoria.

Morning Workshop:

Communicating with professionals and self-advocacy within the National Disability Insurance Scheme (NDIS)

Afternoon Workshop:

Caring for yourself

- **MORNING TEA AND BUFFET LUNCH PROVIDED**
- **COMPLIMENTARY MASSAGE**
- **FREE ONSITE PARKING**

To book your spot in, please visit www.trybooking.com/BHTMV or call 03 8763 4300.

