

# ADVANCE CARE PLANNING AN INTRODUCTION ONLINE WORKSHOP

A FREE online workshop for carers by Carers Victoria

## We don't know what tomorrow will bring or what may become of our health. However, we can plan for what we want and don't want.

This workshop is an introduction to advance care planning. It assists you to think about future health care for a time you may not be able to communicate your preferences and wishes.

By the end of the workshop you will be more informed and may be ready to explore Advance Care Planning for yourself or the person you care for.

#### **WHO SHOULD ATTEND**

The practical workshop is open to carers and caring families wanting to gain a greater understanding of Advance Care planning. Bring a pen and a pad.

#### **BOOKING INFORMATION**

To secure your place, visit www.carersvic7547.eventbrite.com.au or for further information please phone Education Services on 1800 514 845 and quote #7547.

### When

Tuesday 20 October 2020

**Time** 2.00pm - 3.00pm Online workshop one hour duration

**Where** Online event via Zoom Access details are sent via email after registration

**Cost** Free

#### CARERS VICTORIA EDUCATION SERVICES

T 1800 514 845
E education@carersvictoria.org.au
www.carersvictoria.org.au
f /carersvictoria ♥ @carersvictoria

CARERS · AN AUSTRALIA THAT VALUES AND SUPPORTS ALL CARERS · AN AUSTRALIA THAT VALUES