

# **BECOME A CARER FRIENDLY PLACE** Embedding connections in the community

Carers Victoria, in partnership with Neighbourhood Houses Victoria, the Municipal Association Victoria and Department of Families, Fairness and Housing (DFFH), is extending support to carers by providing opportunities to connect and engage in carer friendly communities in local, easily accessible spaces.

Neighbourhood Houses and local Councils are invited to undertake Carer Friendly training to develop greater awareness of the varied needs of carers, how they can better support carers, offer specific carer activities and provide pathways to carer supports and programs.

On completion of this training Neighbourhood Houses and local Councils become designated Carer Friendly places, easily identifiable by the Carer Friendly logo.

In Carer Friendly places carers can:

- > Meet in welcoming and warm spaces;
- Find information about supports and services that exist for carers;
- Connect with other people in their local community;
- > Participate in local programs and activities;
- > Enjoy spaces for support group meetings;
- Connect to programs and pathways specifically for carers.

## **Online Training Sessions**

Carers Victoria will be offering the following online training sessions.

### **Tuesday Online Sessions**

Time: 9.30am – 11.00am

**When:** Choose from: 21 March, 28 March, 4 April, 11 April, 18 April, 2 May, 9 May, 16 May

Bookings essential: https://carersvictoria9313.eventbrite.com.au

### Wednesday Online Sessions

Time: 1.00pm – 2.30pm

When: Choose from: 22 March, 29 March, 5 April, 12 April, 19 April, 26 April, 3 May, 10 May, 17 May

Bookings essential: https://carersvictoria9324.eventbrite.com.au

### **Friday Online Sessions**

Time: 9.30am – 11.00am

**When:** Choose from: 24 March, 31 March, 14 April, 21 April, 28 April, 5 May, 12 May, 19 May

Bookings essential: https://carersvictoria9333.eventbrite.com.au

