## **Carers social group at Prahran Place Neighbourhood Centre**

Prahran Place Neighbourhood Centre is a not-for-profit organisation that operates as a Neighbourhood House. Our aim is to connect people to create a stronger, resilient and healthier community. As well as providing learning opportunities and childcare, we offer a range of social activities for people living in Prahran, Stonnington and surrounding areas. This includes activities for a diverse customer base and carers that gives them opportunities to meet others, get out and about, learn new skills or keep fit. We strive to create a vibrant, fun and caring community environment for everyone.

Connect with your community at Prahran Place Neighbourhood House! We offer a range of social groups and events for you to catch up with friends and be informed. Come along for a cuppa and a conversation with your friends and community members.

## Carers social group. First Tuesday of the month, 1.00pm – 2.30pm

https://socialplanet.com.au/activity/view?id=14176

Prahran Place Neighbourhood Centre offers carers of a person with a disability, mental illness or older person a group to connect and learn about news, services and supports available.

Come along each month for a social walk, free afternoon tea and guest speaker.

1st August 2023 - Guest from Alfred Health's Carers Engagement Team 5th of September 2023 - Guest speaker from Elder Rights Advocacy 3<sup>rd</sup> October 2023 - Guest speaker from Social Health Australia