



Hawthorn Community House Walks for Carers

Inviting carers of people with disability, mental illness or aged person to attend free walking events in Victoria, connect with other carers, and to learn about the supports available.

Morning tea & guest speaker after each monthly walk!

WHEN

9.45 for 10am

3rd Thursday of the month (Feb-Nov) 2024

WHERE

32 Henry Street, Hawthorn 3122

CONTACT

info@hch.org.au

FIND A WALK NEAR YOU!

Visit: nhvic.org.au/walks-for-carers-ncc

OUESTIONS?

Contact the NHVic Carers Project Coordinator: michelle@nhvic.org.au



