



Join our VMCH Dementia-friendly Social Support Group

Do you care for someone living with dementia or memory loss?

If you care for a loved one with dementia/memory loss, come and join us for a relaxed morning to meet others in your area and spend some enjoyable time together.

Morning tea is provided and you can choose to join in with a simple craft project (no experience needed) or just enjoy a social morning out.

These events are for both the person living with dementia and their loved one.

Registration Essential

To express interest and learn more, please contact Catherine from VMCH Carer Support

carersevents@vmch.com.au
03 8595 2405

Six fortnightly sessions from May - July 2025

Tuesday 20th May

Tuesday 2nd June

Tuesday 16th June

Tuesday 30th June

Tuesday 14th July

Tuesday 28th July

Time: 10:30am - 12.00pm

Where: Shepparton Library
41-43 Marungi Street, Shepparton, 3630

Cost: Free

*This group is organised by VMCH in collaboration with
Goulburn Valley Libraries*



*This opportunity is possible thanks to a Dementia Friendly
Communities Grant from Dementia Australia*



vmch.com.au

VMCH