



VMCH



# Ballarat Dementia Friendly Carers Gardening Group

Carers who look after a person with dementia (person with dementia is welcome if accompanied) are welcome to join other community members at the Ballarat Neighbourhood Centre Tuesday Gardening Group.

A relaxed, welcoming space where you can join other green thumbs. Experienced gardener Matt will guide you through different gardening activities each session.

Free event with morning tea provided.  
Collaboration between Villa Maria (VMCH) & Ballarat Neighbourhood Centre.

Time: 9:30am-11am

Location: Ballarat Neighbourhood Centre  
Ballarat South Community Hub 11 Tuppen Drive,  
Sebastopol, 3356

Dates: Tuesday 27th May 2025  
Tuesday 3rd June 2025  
Tuesday 10th June 2025  
Tuesday 17th June 2025

Call Melissa: 0474 871 479 or email [melissa.edwards@vmch.com.au](mailto:melissa.edwards@vmch.com.au) to register your interest or for more information.