

# Bridge To Rights

## SAFE SPACE HUB SOUTH

**FREE PROGRAM for culturally diverse communities who use the NDIS**

### About the Project

The Bridge to Rights project strives to empower young people with an NDIS plan from various culturally diverse backgrounds and Vietnamese carers.

By enhancing your understanding of NDIS rights and equipping you with the confidence and skills to exercise these rights, we aim to foster independence, self-advocacy, and stronger community connections.

### Safe Space Hub - Springvale

Safe Space Hub Springvale provides a supportive environment for personalised guidance with exercising NDIS rights, identifying and accessing support and the development of self-advocacy skills.

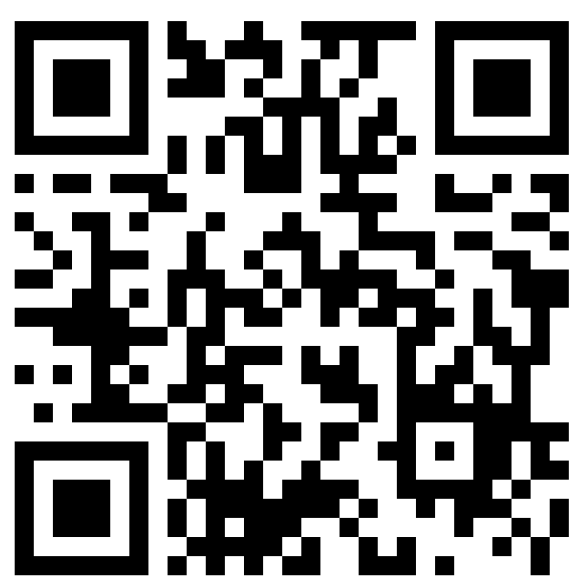
Safe Space Hub Springvale will offer monthly in person and phone sessions (by appointment) facilitated by bilingual (Vietnamese and English) staff who are knowledgeable about the NDIS. Safe-Space Hub appointments focus on addressing individual concerns that may not be covered in group or other formal settings through advice and referral.

#### Program Eligibility:

- Vietnamese carers, and youth aged 16-25 years of all culturally and linguistically diverse backgrounds with an NDIS plan

#### Schedule and Locations:

- Monthly, by a 20-minute appointment, **between 10 am - 1 pm** on the **first Wednesday** of a month.
- **Springvale Safe Space Hub: Springvale Service for Children 23-28**  
Lightwood Road, Springvale VIC 3171



Would you like to learn new skills such as effective communication or gain knowledge about the NDIS Code of Conduct?

Do you want to protect your rights when using the NDIS?

Do you have questions about how to navigate the NDIS but don't know who to ask?

### SCAN OR REGISTER YOUR INTEREST:

If you are interested in joining any of the sub-projects, please register here:

#### Email:

Nghi Trinh (she/her) at  
[nghi.trinh@extendedfamilies.org.au](mailto:nghi.trinh@extendedfamilies.org.au)  
Phone: 0416 173 484

#### Or fill out this form:

<https://forms.office.com/r/ZziwufftgF>