

# FLOURISH

## Therapeutic Gardening with Melissa

For Carers who love getting their hands dirty, Flourish supports your understanding and enjoyment of botanica.



### Session #5

- Upcycle waste to make soil conditioners – composting and worm farming.
- **Activity:** Set up a worm tower in a container or raised bed on the balcony

**Date:** 16 June 2025, Monday

**Time:** 9:45am for 10:00am start, until 1:30pm (lunch included)

**Location:** Suite 3, 50 Upper Heidelberg Road, Ivanhoe 3079

**Any questions, please contact:**

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**RSVP essential**