



## MyTime Mt Evelyn

### Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

Unwind and  
share experiences  
with others who  
understand

### FIND US AT:

Yarra Ranges SDS, Early Years Building,  
20 Burdap Drive, Mount Evelyn

**Tuesdays, Weekly 9.30am – 11.30am**

### CONTACT:

Shaana Teitel - Facilitator

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[mytime.net.au](http://mytime.net.au)

# MyTime

## term plan

mytime.net.au

Tuesdays, Weekly  
9.30am – 11.30am

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
29 <sup>th</sup> July 2025	Welcome Back Morning Tea	Art and Craft
5 <sup>th</sup> August 2025	Morning Tea and Catch Up	Sensory Play
12 <sup>th</sup> August 2025	Art Therapy with Karen Mead	Outside Fun
19 <sup>th</sup> August 2025	Morning Tea and Catch Up	Playdough
26 <sup>th</sup> August 2025	DIY craft workshop with Bunnings	Ball Play
2 <sup>nd</sup> September 2025	Jean Hailes Women's Health Week morning tea	Puzzles and Colouring
9 <sup>th</sup> September 2025	What's On During School Holidays	Bubbles

\*Activities may vary depending on group interests and ability



It's support  
for you



It's free to  
join



Professional  
support



Pre-school aged  
children are welcome