

## Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

Unwind and share experiences with others who understand

#### **FIND US AT:**

Warrandyte Community Church
57 Yarra Street, Warrandyte
Fridays, Fortnightly 9.30am - 11.30am

#### **CONTACT:**

Sarah Lacy - Facilitator sarahl@mytimevic.com.au 0413 655 659



# MyTime term plan

### Fridays, Fortnightly 9.30am – 11.30am

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
25 <sup>th</sup> July 2025	Coffee & Chat	Painting
1 <sup>st</sup> August 2025	Craft: Paint by Numbers	Bubbles
15 <sup>th</sup> August 2025	Guest Speaker: Payments for Carers. Sarah Godfrey from Services Australia	Toys with Wheels
29 <sup>th</sup> August 2025	Group Discussion: My Strengths and Interests	Song & Dance
5 <sup>th</sup> September 2025	Coffee & Chat	Finger Painting

\* Activities may vary depending on group interests and ability.







