



## MyTime Reservoir

### Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

#### FIND US AT:

Reservoir Neighborhood House  
2c Cuthbert Street  
**Thursdays 9.30am – 11.30am**

#### CONTACT:

Loan Findlay – Facilitator  
Email: [loan@mytimevic.com.au](mailto:loan@mytimevic.com.au)  
Mobile: 0466 105 940

Unwind and  
share experiences  
with others who  
understand



[mytime.net.au](http://mytime.net.au)

# MyTime

## term plan

mytime.net.au

### Thursdays, Weekly

### 9.30am-11.30am

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
24 <sup>th</sup> July 2025	Welcome Back Coffee and Chat	Duplo
31 <sup>st</sup> July 2025	National Friendship Week	Sponge Painting
7 <sup>th</sup> August 2025	Finding Your Village	Wheels and Tracks Art
14 <sup>th</sup> August 2025	Origami Folding	Origami Folding
21 <sup>st</sup> August 2025	<b>Mid Term Break</b>	<b>Mid Term Break</b>
28 <sup>th</sup> August 2025	Coffee and Chat	Stickers and Stamps
4 <sup>th</sup> September 2025	Cupcake Decorating	Cupcake Decorating
11 <sup>th</sup> September 2025	Guest Speaker TBA	Obstacle Course
18 <sup>th</sup> September 2025	Picnic in the Park	Balls and Frisbees

\*activities may vary depending on group interests and ability



It's support  
for you



It's free to  
join



Professional  
support



Pre-school aged  
children are welcome