

# Are you caring for a loved one as you age?

- ✓ Are you aged 65+ (or 50+ for Aboriginal and Torres Strait Islander people)?
- ✓ Do you provide care for a loved one?

Help us understand how to best support your emotional wellbeing while you care for someone when you are older yourself.



## **We would like to hear about your experience.**

Register your interest to take part in a confidential interview with us via the QR code or the following link. A \$40 gift card will be provided to participants who completed the interview.

Scan me with your phone camera



<https://tinyurl.com/carersinterest>