Are you caring for a loved one as you age?

 ✓ Are you aged 65+ (or 50+ for Aboriginal and Torres Strait Islander people)?
✓ Do you provide care for a loved one?

Help us understand how to best support your emotional wellbeing while you care for someone when you are older yourself.

We would like to hear about your experience.

Register your interest to take part in a confidential interview with us via the QR code or the following link. A \$40 gift card will be provided to participants who completed the interview.

Scan me with your phone camera



https://tinyurl.com/carersinterest



SWINBURNE UNIVERSITY OF TECHNOLOGY Approved by Swinburne's Human Research Ethics Committee (SUHREC); Project ID 8284 Researcher contact: Minh Ngoc Pham Email: <u>minhngocpham@swin.edu.au;</u> Phone: 03 9214 5371