

## Local support programs for people new to disability

From lived experience to collective strength

## Our workshop series and peer support programs are the starting place for anyone who is new to disability.

Perhaps you're newly diagnosed or recently discharged from hospital. Maybe you've just welcomed a new baby who has a disability, or need a little more guidance to build your own support network. Our workshops will explain all the key information you'll need, plus you'll meet other locals who will share their own experience and ideas.

For more information visit **getstarteddisability.org.au** or call **0411130577** 

## Woodend Neighbourhood House

47 Forest St, Woodend Beginning Thursday 24<sup>th</sup> July 11am – 1pm

Scan the QR code and join in!



We are proudly delivering projects for the Peer Support and Capacity Building (PSCB) grant for the NDIS. Together we're ensuring that people with disability keep accessing supports to build skills and compact with objects who have shared signific expresences that dis and support and capacity Building (PSCB) grant for the Support and Capacity Building (PSCB) gra