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## YOUTH SPECIALIST CARE CENTRES MODEL OF CARE CONSULTATIONS

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### ORYGEN AND LIVELY COLLECTIVE

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## BACKGROUND

The Australian Government has committed to creating **Youth Specialist Care Centres** to better support young people in the ‘missing middle’. Origen is now designing what these services should look like and how to best deliver them for young people. With the support of Lively Collective, a lived experience-led organisation, Origen is bringing together young people with lived experience of mental health challenges and their families, carers and supporters to hear their perspectives on what this model of care should look like.

## WHO ARE WE LOOKING FOR?

We are looking for **young people (aged between 18-25)** who have personal lived experience of mental health challenges and of accessing the mental health system and **families, carers and supporters** of young people experiencing mental health challenges.

Examples of lived experience can include using (or attempting to use) services at:

- headspace centres
- headspace Early Psychosis Program
- Youth Enhanced Services (YES)
- Child and Youth Mental Health Services (CYMHS)
- Child and Adolescent Mental Health Services (CAMHS)
- a specialist youth mental health service
- a hospital (tertiary) mental health service, including hospital inpatient and outpatient services

## WHAT IS THE OPPORTUNITY?

This is a one-off opportunity to participate in one of a series of in-person and online consultations. Details of the consultations are below. **If you are selected, you will be required to attend one workshop and one online feedback session (2 sessions = total payment of \$382.00).**

Date	Type	Workshop	Payment (\$)
Pre-recorded	Briefing Session (Video)	A pre-recorded information video will be sent to you to explain the upcoming workshops and introduce you to the facilitators.	Not remunerated
Thur, 12 March (5pm – 8pm, Melb time)	Workshop (online)	An online consultation held for up to <b>12 x young people.</b>	\$191 for attending one workshop
Tues, 17 March (1:30pm - 4:30pm, Melb time)	Workshop (online)	An online consultation held for up to <b>12 x young people.</b>	

## REVOLUTION IN MIND

Date	Type	Workshop	Payment (\$)
<b>Wed, 18 March</b> (5pm – 8pm, Melb time)	Workshop (online)	An online consultation held online for up to <b>12 x families, carers, and supporters.</b>	\$191 for attending one workshop
<b>Thur, 19 March</b> (11am – 2pm, Melb time)	Melbourne Workshop (in-person)	An in-person consultation held in Melbourne for up to <b>12 x young people</b>	
<b>Mon 20 April – Fri 1 June</b>	Feedback Sessions (online)	We will share back with you what we heard from the March workshops and get your final feedback on the draft model of care.	\$191 for attending one feedback session

**Note:** There will be different sessions for young people and families/carers/supporters to make sure we have dedicated time to provide feedback from each unique perspective on the model of care.

## HOW DO I SIGN UP?

Please fill in this form ([Youth Specialist Care Centres Model of Care Consultations – Fill out form](#)) by **Wednesday, 4 March 11.59pm** to express your interest. The team at Orygen will then inform you whether you have been successful in securing a spot in the consultations. Orygen will also provide you with further details on next steps.

**Please note:** Not everyone will be selected to participate in this engagement due to limited spots. We will be considering people across all different ages, ethnicities, backgrounds, locations, etc.

## WHAT YOU'LL GET OUT OF BEING INVOLVED

By getting involved in these workshops and consultations, you will have an opportunity to:

- connect with other young people or families/carers/supporters.
- share your thoughts, ideas, and experiences to directly shape how Youth Specialist Care Centres are designed and delivered.
- be paid for contributing your experiences and expertise to improve mental health services.
- learn how these types of consultations work and how you can get involved in future opportunities.
- provide anonymous quotes about your experiences that will be used in project documents.

## WHAT SUPPORTS WILL I HAVE ACCESS TO?

- **Briefing Materials:** Before the workshops start, we'll send you a short video introducing the project, facilitators and peer support workers. We will also send you a briefing document that explains what to expect in the upcoming workshops.
- **Peer Support:** At all sessions, Orygen will provide Youth Peer Support Workers and Family Peer Support Workers if you would like to debrief during/after sessions.

## QUESTIONS

Please contact Rafi Armanto ([rafi.armanto@orygen.org.au](mailto:rafi.armanto@orygen.org.au)) if you have any questions about this engagement.