



FREE

# Support for carers webinar

Do you care for a family member, friend, or someone in our community who is older, unwell, or living with a disability?

**Tuesday 29 July, 7 – 8pm**

Online via MS Teams

Carers Victoria and Knox City Council invite you to join this free online workshop.

If you are someone who provides unpaid care and support to a person with a disability, chronic illness, mental health condition, or has age-related care needs, you are a carer. Like many unpaid carers in our community, you may not be aware of all the supports available to assist you in your caring role. This session will provide information about supports for carers to empower you to access services relevant to your needs.

## Topics include:

- Support services for carers such as the Carer Gateway
- Information about organisations that provide support to carers across Victoria
- The role of Carers Victoria
- Programs and supports in Knox
- A carer's perspective – hear from two Knox carers

Register today via the below link or scan the QR code

<http://tix.yt/services-and-supports-for-carers>



  
**Carers VIC**  
Australia

For more information contact the Disability Inclusion team on 9298 8131 or [disabilityinclusion@knox.vic.gov.au](mailto:disabilityinclusion@knox.vic.gov.au)

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