

# Invitation to Chinese Carers Supporting an Individual with Dementia 诚邀华人认知障碍症照顾者



HE2026/000134

Researchers at **Deakin University** are studying how Chinese carers and the people they support who are living with dementia interact in daily life. We will codesign a culturally appropriate communication-enhancement program to better support their well-being. 迪肯大学的研究人员正在研究华人照护者与其所照护、患有认知障碍症的家人在日常生活中的互动。我们将共同设计一个符合文化背景的沟通增强项目，以更好地支持他们的身心福祉。

## Who can take part?

You may be able to join if you:

- Are 18 years or older,
- Speak Chinese at home, and
- Are caring for someone with dementia residing in the community

## 谁可以参加?

您可能符合参加条件，如果您：

- 年满18岁
- 在家中使用中文交流
- 正在照护一位居住在社区、患有认知障碍症的人

## What will I need to do?

1. One-hour interview about your interactions with the person living with dementia and how cultural background shapes these interactions.
2. Two optional co-design workshops (about two hours each) to help develop a communication enhancement program together with the person you support who is living with dementia

## 我需要做什么?

- 参加一次约1小时的访谈，讨论您与患有认知障碍症人士的互动，以及文化背景如何影响这些互动。
- 与您所支持的认知障碍症患者一起参加两场可选的共同设计工作坊（每场约2小时），共同开发一项沟通增强计划。

## Why take part?

You may help us better understand how carers and people living with dementia interact, and contribute to co-designing a communication enhancement program that may benefit others.

## 为什么参加?

参加本研究，您可以帮助我们更好地了解照护者与失智症患者之间的互动，并共同设计一项沟通增强项目，未来可能惠及社区中的其他家庭。

Please scan this QR code to learn more about the study and indicate your interest or consent to participate.

请扫描此二维码以了解更多研究信息，并表示您的参与意愿或同意参与。



## Want to know more or join?

想了解更多或报名参加?

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