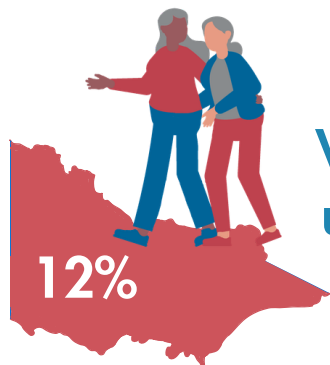


The Caring



Facts

Anyone can become a carer at anytime



750,000+
Victorians are
unpaid carers

12%

Carers are parents, children, partners, other relatives and friends who provide unpaid care and support to someone with a disability, mental illness, substance addiction, chronic health issue or an older person with care needs.

Where carers live



7%
Outer
regional

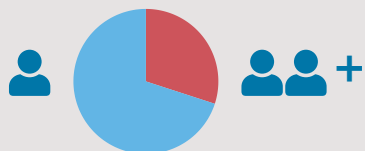


19%
Inner
regional



74%
Major
urban
centre

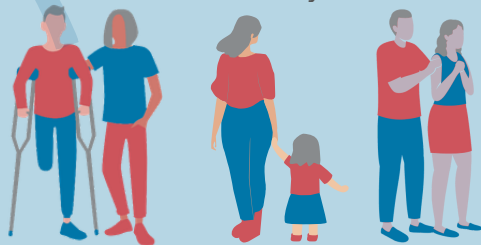
Number of care recipients



National Carer Survey data suggests up to **1 in 3 Victorian carers** care for more than one person.

Carers with disabilities

39%
of carers live with a disability



Cultural diversity



28%
Born overseas



13%
Multilingual

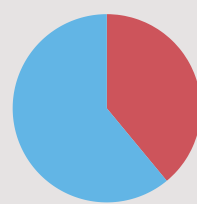


First Nations carers



Higher prevalence of first nations carers compared to the non-indigenous community

Primary carers



39% of Victorian carers are identified as primary carers, that is a person who provides the most assistance with the core activities of mobility, self-care and communication.

70% of primary carers are women



50%



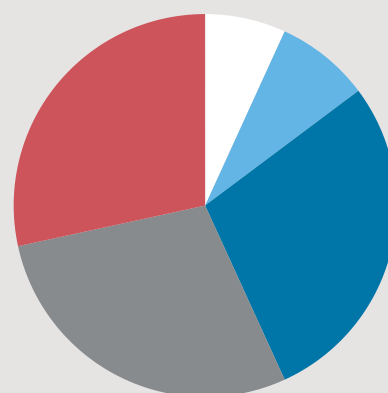
Only **50%** of Primary Carers are working

73%



Compared to **73%** of the general population who work

Primary Carers are caring for



- 25% Partner
- 25% Parent
- 25% Children including adult children
- 7% Unrelated person
- 6% Other relatives

Do you look after a friend or family member who needs extra help with daily tasks?

1800 514 845  **carersvictoria.org.au**



Australian Bureau of Statistics (2022) Survey of Disability, Ageing and Carers, TableBuilder.
Australian Bureau of Statistics (2021) Population Census, QuickStats
Carers NSW, 2024: 2024 National Carer Survey. Summary tables for Victoria.